



# PROSPECTUS

2016 / 2017



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Funded by  
Camden Adult Community  
Learning Service

# WELCOME

**Clean Break's Course Prospectus 2016/17.**  
**Here is all the information you need to help you decide which course is right for you and how to apply.**

Clean Break was set up in 1979 by two women prisoners at HMP Askham Grange. From these roots within the criminal justice system, we have grown to become an award-winning theatre company with an outstanding Education Programme.

Our work centres on respect, providing equality of opportunity and celebrating diversity and difference. The key aim of our Education Programme is to provide access to education and theatre practice within a safe space, exclusively for women.

Clean Break provides opportunities to participate in theatre making. We have courses for those with no experience of the arts, those who want to develop their skills further and for those who want to try something new in a safe and friendly environment. All our work, facilitated by our experienced women-only team and hosted within our beautiful purpose built studios, will ensure that your time here at Clean Break is purposeful and creative.

**And all our courses are absolutely free!**

On behalf of all of us at Clean Break we look forward to meeting you soon.

Lucy Perman MBE  
EXECUTIVE DIRECTOR, CLEAN BREAK



## Who we work with

Clean Break is for women who

- Have **experience of the criminal justice system.**

You may be in contact with the police, have been cautioned, on remand or sentenced for an offence, in prison, on probation or known to a Youth Offending Service.

- Are **at risk of offending** due to drug/alcohol or mental health needs.

You may have recently completed a drug/alcohol rehabilitation programme and feel that you are vulnerable to committing an offence or are in contact with mental health services as a result of a referral by the police.

- Are **aged 17 years or over.**

## Why come to Clean Break?

- To build confidence and self esteem
  - To try something new and different
  - To help you not to offend or re-offend
  - To learn more about making theatre
  - To improve your reading and writing skills
  - To expand educational and employment opportunities
  - To meet new people and make friends
  - To develop new ways of communicating
- And lots, lots more...



# HOW TO APPLY



## » Information Days

Clean Break has three information days a year, where potential students and referral organisations can come along to find out about our work. This is an opportunity to meet with students and staff, network, look around the building and get information about all our courses.

### Information Day

» Fri 2 Dec 2016 / 11am – 3pm

### Information Day

» Fri 23 Jun 2017 / 11am – 3pm



## » Why wait

- All our courses are free
- We pay travel costs within the London area
- We provide lunch
- We can help towards your childcare costs

### STEP 1

- Decide if you think you fit the selection criteria on the previous page.
- Select a course you want to do, or if you are not sure, just have a look at what is on offer.

### STEP 2

- Call Clean Break on **020 7482 8600** and explain that you are interested in enrolling. Your details will be taken and Lauren, our Outreach Worker, will call you back within two weeks.

### STEP 3

- Attend an interview with a member of the Student Support Team.
- If the interview is successful you will be given a date to return for your second stage assessment.

**CALL 020 7482 8600 TO MAKE YOUR APPOINTMENT NOW!**

# COURSES

## » Autumn Term

September – December 2016

- » Discover Higher Education
- » Performance Level 1 (Course 1)
- » Functional Skills English (Level 1)
- » Make-Up for Theatre
- » Emotional Health and Well Being
- » Introduction to Drama (Course 1)
- » Self Development (Course 1)
- » Making Choices
- » Funny Women
- » Writing for Theatre: Introduction
- » Young Women's Programme: First Steps
- » Women and Work (Introduction Session)

## » Spring Term

January – March 2017

- » Emotional Health and Well Being
- » Women and Work
- » Making Choices
- » Performance Level 1 (Course 2)
- » Functional Skills English
- » Voice and Singing
- » Young Women's Programme: Girls Like Us
- » Writing for Theatre: Writers Group
- » An Introduction to Workshop Skills
- » Women and Anger
- » Theatre Design Taster Course
- » Performance Level 2 Workshop & Interviews

## » Summer Term

April – July 2017

- » Backstage: An Introduction
- » Performance Level 2
- » Self Development (Course 2)
- » Functional Skills English
- » Introduction to Drama (Course 2)
- » Emotional Health and Well Being peer support group
- » Young Women's Programme: Introduction to Theatre
- » Performance Poetry
- » Dance and Movement
- » Royal Central Summer School
- » Young Women's Programme: A Play in a Week





# TERM DATES

» AUTUMN TERM 2016	» SPRING TERM 2017	» SUMMER TERM 2017
12 Weeks Monday 19 September – Thursday 20 October	10 Weeks Monday 16 January – Thursday 9 February	13 Weeks Monday 24 April – Thursday 25 May
<b>HALF TERM HOLIDAY:</b> Monday 24 October – Friday 28 October	<b>HALF TERM HOLIDAY:</b> Monday 13 February – Friday 17 February	<b>HALF TERM HOLIDAY:</b> Monday 29 May – Friday 02 June
<b>Monday 31 October – Wednesday 14 December</b>	<b>Monday 20 February – Thursday 30 March</b>	<b>Monday 05 June – Friday 21 July</b>
<b>WINTER HOLIDAYS:</b> Friday 16 December – Monday 16 January	<b>SPRING HOLIDAYS:</b> Friday 31 March – Monday 24 April	<b>SUMMER HOLIDAYS:</b> Friday 21 July – Monday 18 September

# AUTUMN TIMETABLE

<b>Discover Higher Education</b> Mon / 11am – 4pm / 8 weeks 19 Sep – 14 Nov 2016	<b>Introduction to Drama</b> Mon / 2pm – 4pm / 9 weeks 26 Sep – 28 Nov 2016 <i>Finishing at 4.30pm on last day</i>	<b>Writing for Theatre: Introduction</b> Thu / 11am – 4pm Week 1, 3, 6 Thu / 11am – 1pm Week 2, 4, 5 / 6 weeks 29 Sep – 10 Nov 2016
<b>Performance Level 1</b> Tue / 11am – 4pm / 10 weeks 20 Sep – 29 Nov 2016 <i>Plus 1 full day Mon 28 Nov 2016</i>	<b>Self Development</b> Tue, Wed / 11am – 4pm / 3 weeks 27 Sep – 12 Oct 2016 <i>Plus 1 full day reflection session Wed 2 Nov 2016</i>	<b>Young Women's Programme: First Steps</b> Wed / 2 – 4pm / 4 weeks 2 Nov – 23 Nov 2016
<b>Functional Skills English</b> Wed / 10.30am – 1pm / 10 weeks 21 Sep – 30 Nov 2016	<b>Making Choices</b> Tue / 2 – 4pm / 8 weeks 27 Sep – 22 Nov 2016 <i>Finishing at 4.30pm on last day</i>	<b>Women and Work Introduction Session</b> Mon / 11am – 4pm / 21 Nov 2016
<b>Make-Up for Theatre</b> Thu / 10.30am – 1pm / 9 weeks 22 Sep – 24 Nov 2016 <i>Plus 1 full day Thu 24 Nov 2016</i>	<b>Funny Women</b> Wed / 2 – 4pm / 8 weeks 28 Sep – 23 Nov 2016 <i>Plus 1 full day Wed 23 Nov 2016</i>	<b>Graduation day</b> Wed / 14 Dec 2016
<b>Emotional Health and Well Being</b> Mon / 11am – 1pm / 8 weeks 26 Sep – 21 Nov 2016		





# SPRING TIMETABLE

**Emotional Health and Well Being**  
 Mon / 11am – 1pm / 8 weeks  
 16 Jan – 13 Mar 2017

**Making Choices**  
 Tue / 2 – 4pm / 8 weeks  
 17 Jan – 14 Mar 2017  
*Finishing at 4.30pm on last day*

**Functional Skills English**  
 Wed / 10.30am – 1pm / 9 weeks  
 18 Jan – 22 Mar 2017

**Women and Work**  
 Thu / 11am – 4pm / 4 sessions  
 26 Jan – 02 Mar 2017  
 Plus 1 full day Wed 25 Jan 2017

**Performance Level 1**  
 Tue / 11am – 4pm / 10 weeks  
 17 Jan – 28 Mar 2017  
 Plus 1 full day Mon 27 Mar 2017

**Voice and Singing**  
 Wed / 2 – 4pm / 9 weeks  
 18 Jan – 22 Mar 2017

**Young Women's Programme: Girls Like Us**  
 Wed / 2 – 4pm / 9 weeks  
 18 Jan – 22 Mar 2017  
*Finishing at 4.30pm on last day*

**Writing for Theatre: Writers Group**  
 Thu / 11am – 4pm Week 1, 3, 7  
 Thu / 11am – 1pm Week 2, 4, 5, 6 / 7 weeks  
 19 Jan – 9 Mar 2017

**An Introduction to Workshop Skills**  
 Mon / 2 – 4pm / 8 weeks  
 23 Jan – 20 Mar 2017  
 Plus 1 full day Mon 20 Mar 2017

**Women and Anger**  
 Tue, Thu / 10.30am – 1pm / 7 weeks  
 24 Jan – 16 Mar 2017  
 First day is 10.30pm – 4.30pm  
 Plus 1:1 sessions Tue 21 Mar 2017

**Theatre Design Taster Course**  
 Mon / 2 – 4pm / 3 weeks  
 20 Feb – 6 Mar 2017

**Performance Level 2 Workshop & Interviews**  
 Wed / 11am – 3.30pm  
 29 Mar 2017  
*For students wanting to enrol on Performance Level 2 for Summer Term 2017*



# SUMMER TIMETABLE

**Backstage: An Introduction**  
 Mon / 11am – 4pm / 9 weeks  
 24 Apr – 26 Jun 2017  
 Plus 1 full day Tue 2 May 2017  
*due to bank holiday*

**Functional Skills English**  
 Wed / 10.30am – 1pm / 5 weeks  
 26 Apr – 24 May 2017

**Performance Poetry**  
 Wed / 2pm – 4pm / 8 weeks  
 10 May – 5 Jul 2017  
 Plus 1 full day Wed 5 Jul 2017

**Introduction to Drama**  
 Thu / 2pm – 4pm / 9 weeks  
 4 May – 6 Jul 2017  
*Finishing at 4.30pm on last day*

**Dance and Movement**  
 Thu / 11am – 1pm / 8 weeks  
 11 May – 6 Jul 2017

**Performance Level 2**  
 Mon, Tue / 11am – 4pm / 12 weeks  
 24 Apr – 11 Jul 2017  
 Plus extra rehearsals 11am – 4pm  
 Wed 24 May, 14 Jun, 21 Jun, 28 Jun 2017

**Emotional Health and Well Being peer support group**  
 Mon / 11am – 1pm / 7 weeks  
 8 May – 26 Jun 2017

**Graduation day**  
 Wed / 12 Jul 2017

**Self Development**  
 Wed, Thu / 11am – 4pm / 3 weeks  
 26 Apr – 11 May 2017  
 Plus 1 full day reflection session  
 Wed 7 Jun 2016

**Young Women's Programme: Introduction to Theatre**  
 Wed / 2 – 4pm / 8 weeks  
 10 May – 5 Jul 2017  
 Plus 1 full day Wed 5 Jul 2017

**Royal Central Summer School**  
 Mon-Fri / 11am – 4pm  
 17 Jul – 21 Jul 2017

**Young Women's Programme: A Play in a Week**  
 Mon-Fri / 11am – 4pm  
 17 Jul – 21 Jul 2017





# PERFORMANCE COURSES

## » Introduction to Drama

» Course 1: Mon / 2 – 4pm / 9 weeks  
 » Course 2: Thu / 2 – 4pm / 9 weeks

This course is ideal for developing your confidence and creativity whilst working with others. It includes drama games, vocal and physical warm-ups and basic improvisation.

No experience is necessary.  
*In partnership with Camden Adult Community Learning.*

## » Performance Level 1

» Tue / 11am – 4pm / 10 weeks /  
 Plus 1 full day Mon final week

This course is an opportunity to develop your performance skills. Based on improvisation, the emphasis of the course is on enjoyment, building confidence and teamwork. You will develop acting skills and be part of a performance at the end of the course. A short folder of written work will be required, for which there

is support available through attendance at our English classes. This course is for students who have completed Introduction to Drama or have some experience of drama.

OCNLR Level 1 Award for Progression will be awarded on successful completion of the course.

*In partnership with City and Islington College.*



## » Performance Level 2

» Mon and Tue / 11am – 4pm /  
 12 weeks / Plus 4 full days Wed

This course is for students with the ability and commitment to progress further in performance work. You will develop vocal and movement skills and characterisation. Text will be used in class, in rehearsal and in performance. This course is for students who have completed Introduction to Drama and Performance Level 1 or have previous experience of theatre. You will work with a playwright to develop a play, which will be performed in our studio theatre.

A folder of written work will be required; support is available through attendance at our English class or through City and Islington College. You will be awarded OCNLR Level 2 Certificate in Skills for Professions in the Creative and Digital Industries on successful completion of the course.

*In partnership with City and Islington College.*

## » Voice and Singing

» Wed / 2 – 4pm / 9 weeks

This course offers a chance to develop your voice for all aspects of performance including projection,

vocal control and group singing.

You will learn vocal warm ups and techniques, and sing songs in different styles, including soul, jazz and improvised music.

*In partnership with Camden Adult Community Learning.*

## » Performance Poetry

» Wed / 2 – 4pm / 8 weeks /  
 Plus 1 full day Wed

This course brings poetry off the page and onto the stage, combining creative writing skills with performance. You will have the

opportunity to write an original song as a whole group and at the end of the course this song will be performed as part of the final sharing.

*In partnership with Camden Adult Community Learning.*

## » Dance and Movement

» Thu / 11am – 1pm / 8 weeks

This course explores different styles of movement and dance such as contemporary, African and street dance. You will learn dance skills as well as improving balance, flexibility, and fitness. No previous experience necessary. There will be a sharing of work at the end of the course.

*In partnership with The Place.*

## » Funny Women

» Wed / 2 – 4pm / 8 weeks /  
 Plus 1 full day final week

If you have an interest in making people laugh, then this course is for you. It will be a practical course, packed full of activities to teach you how to create comedy from scratch. During the sessions you will learn how to generate material and develop your performance skills. The course will end in a student presentation.

No previous experience necessary.  
*In partnership with The Comedy School.*





# YOUNG WOMEN'S COURSES (17-24 YEAR OLDS)



young women. It includes drama games, vocal and physical warm-ups and improvisation.

Students who successfully complete the course will gain an OCNLR Entry Level 3 qualification.

*In partnership with City and Islington College.*



## » A Play in a Week

» Mon - Fri / 11am - 4pm / 1 week

This is a performance based, week-long course. Throughout the week you will work to create the play. You will use drama skills to develop characters and devise scenes. The final sharing will be presented to an invited audience. This week will develop your drama and improvisation skills.

## » First Steps

» Wed / 2 - 4pm / 4 weeks

These afternoon sessions are an opportunity to get involved with our young women's theatre programme. The sessions are designed as an introduction to a series of theatre and drama skills. No experience is necessary.

## » Girls Like Us

» Wed / 2 - 4pm / 9 weeks

This is a personal development course for young women. In a safe and supportive space, we will use small group work and drama

techniques to develop communication skills and teamwork skills and begin to plan for the future you want for yourself.

Students who successfully complete the course will gain an OCNLR Entry Level 3 qualification.

*In partnership with City and Islington College.*

## » Introduction to Theatre

» Wed / 2 - 4pm / 8 weeks / Plus 1 full day final week

This eight week course is a chance to develop your confidence and creativity whilst working with other



# BEHIND THE SCENES COURSES

## » Make-Up for Theatre

» Thu / 10.30am - 1pm / 9 weeks / Plus 1 full day Thu

This course introduces the role of the make-up artist within theatre. You will explore skills and methods of applying make-up using a wide range of techniques and products. You will gain a greater understanding of colour and tone to highlight the physical appearance and emotions of characters. Students will visit London College of Fashion and will have opportunities to access treatment sessions.



course there is an opportunity for students to apply for one of two bursaries to access a short course at London College of Fashion.

*In partnership with London College of Fashion.*

## » An Introduction to Workshop Skills

» Mon / 2 - 4pm / 8 weeks / Plus 1 full day Mon

This course will introduce you to the techniques of running drama workshops. You will explore games and exercises and work on building your skills and confidence in leading a group. At the end of the course, students will devise and lead a short workshop with the group. No experience necessary.

## » Backstage: An Introduction

» Mon / 11am - 4pm / 9 weeks / Plus 1 full day Tue

This course offers an introduction to the roles of stage technicians -

lighting, sound and stage management. The course will include practical experience of designing and operating sound and lighting, and introduce you to the role of a Stage Manager. No previous experience is necessary. This course includes a trip to the theatre and a visit to Rose Bruford College.

*In partnership with Rose Bruford College.*

## » Theatre Design Taster Course

» Mon / 2 - 4pm / 3 weeks

This course is for students who would like to understand the role of a theatre designer and of the careers available in theatre design. Students will be introduced to the creative process of costume and set design using a range of techniques. No experience necessary. This is a practical course.

*In partnership with the Royal Central School of Speech and Drama.*



# PERSONAL DEVELOPMENT COURSES



for women interested in taking part in this course. You are also expected to do work in between sessions.

## » Emotional Health and Well Being

» Mon / 11am - 1pm / 8 weeks

This course is for women who identify as having mental health difficulties and/or emotional distress and would like to improve their wellbeing. It will provide the opportunity to meet other women, share experiences and coping strategies, and support each other. The focus will be on the things you can do yourself to improve your mental health, and will include input on self-care, diet and exercise, sleep, breathing and relaxation, alternatives to self-harm, relationships and creativity. You will need to complete a short assessment with the student support worker before being offered a place on this course.

*In partnership with Women in Prison.*



## » Self Development

- » Course 1: Tue and Wed / 11am - 4pm / 3 weeks /
- » Course 2: Wed and Thu / 11am - 4pm / 3 weeks /
- Plus 1 full day reflection session

This course prepares students for working in groups and provides strategies for dealing with difficult feelings and the space to look at your own strengths and weaknesses. The course uses creative exercises and drama techniques to develop self-awareness, confidence and ability to make positive life choices.

## » Women and Anger

- » Tue and Thu / 10.30am - 1pm (10.30am - 4.30pm on first day) / 7 weeks / Plus 1 full day 1:1 sessions 21 Mar

This course is for women who find it difficult to express their anger in a way which is not harmful to themselves or to others. This course provides a non-judgmental space for you to understand your anger, manage your emotions better and to practise new coping strategies through drama techniques and creative practice. There is a pre-course assessment

## » Making Choices

- » Tue / 2 - 4pm / 8 weeks

This course is aimed at women new to Clean Break. You may be in contact with the police and/or the courts, tackling substance addiction and need some support to begin to make some positive changes. In a safe and supportive space, we will use small group work and drama techniques to develop communication skills, manage conflict and begin to plan for the future you want for yourself. *In partnership with Women in Prison.*



# WRITING COURSES



## » Functional Skills English

» Wed / 10.30am - 1pm / 24 weeks

This course is for students wanting to improve their reading, writing, speaking and presentation skills. It is a supportive and friendly course in which you can work on your grammar, spelling and writing style in creative ways that will improve your literacy at Clean Break and beyond. One-to-one support is available. Students on this course work towards sitting their Level 1 or Level 2 AQA English exam. *In partnership with City and Islington College*

## » Writing for Theatre: Introduction

» Thu / 11am - 4pm Week 1, 3, 6  
 Thu / 11am - 1pm Week 2, 4, 5 / 6 weeks

This six week course will introduce you to elements of theatre writing with the opportunity to work with a professional playwright. You will learn how to create characters, dramatic action and write dialogue through improvisation and practical exercises. You will gain the confidence and skills to start writing. During the final session, there is the option to have your work performed by professional actors.



## » Writing for Theatre: Writers Group

» Thu / 11am - 4pm Week 1, 3, 7  
 Thu / 11am - 1pm Week 2, 4, 5, 6 / 7 weeks

The Writers Group will build upon and develop the skills introduced in Writing for Theatre: Introduction and further explore important elements of dramatic writing - action, story and structure through working and reworking your own scene. The course culminates in a presentation where your scene/short play will be performed by professional actors. Participants will be expected to work on their scripts during and between sessions.





# BEYOND CLEAN BREAK



## » Discover Higher Education » Mon / 11am – 4pm / 8 weeks

This course is primarily a progression route for students who have completed Performance Level 2 and who wish to pursue further performance and theatre opportunities within a higher education environment. The morning sessions are delivered by Royal Central School of Speech and Drama and consist of audition, interview techniques and the steps towards the application process. The afternoon sessions provide an introduction to studying within

Higher Education at: Goldsmiths University, London College of Communication, London Metropolitan, Middlesex University, Royal Central School of Speech and Drama.

## » Royal Central Summer School » Mon – Fri / 11am – 4pm

This course is primarily for graduates of Performance Level 2. This is a performance orientated intensive, week long summer school. Day one will take place at Clean Break and the following days at Central, culminating in a sharing of work in a studio space on the final afternoon. Two experienced theatre practitioners will lead the course, with expertise in specific disciplines including physical theatre, voice and devising.

*In partnership with the Royal Central School of Speech and Drama.*

## » Women and Work » Wed, Thu / 11am – 4pm / 4 sessions / Plus Mon intro session

This course is for students who have completed a number of courses with us and is aimed at supporting you progress into the world of work. The course will be led by the Education Team and a range of external organisations. We will look at CVs, writing job applications, interview techniques, volunteering opportunities and employability skills.

OCNLR Level 1 Award in Employability will be awarded on successful completion of the course. *In partnership with City and Islington College.*

## » Stage Works

Stage Works is a volunteer placement programme for students who are attending (or have recently attended) courses at Clean Break to gain hands-on experience in the theatre. Examples of opportunities include: arts administration, assisting workshop leaders, theatre ushers, assisting technical theatre/stage management, observing/shadowing a make-up artist and many others.

If you are interested in doing a Stage Works placement, the first step is to come to a Stage Works Information Session.

## » Stage Works Information Sessions

- » Thu 10 Nov 2016 / 2 – 4pm
- » Thu 2 Feb 2017 / 2 – 4pm
- » Thu 15 Jun 2017 / 2 – 4pm

## » Student Graduate Touring

The Student Graduate Company provides former students of our accredited performance courses with the opportunity to gain experience rehearsing, performing and touring a new play. In 2016 we toured *Spent* by Katherine Chandler. Watch out for information about auditions for future tours in 2016/17.



# STUDENT SUPPORT SERVICES

Clean Break Student Support Services offers confidential advice, guidance and support to all students. We know from past students that it was important for them to make full use of the student support service to help identify life and career goals, and to take steps towards them. We therefore recommend that you make full use of the service from an early stage.

- We provide a confidential advisory service by appointment.
- We provide help for students to plan their academic programme and personal development.
- We provide a screening assessment that will identify any learning support needs.
- We provide a series of career guidance meetings to review your career/educational goals whilst at Clean Break and beyond.
- We offer financial and practical help towards affordable childcare for students with childcare needs.
- We reimburse travel costs from within the London area.
- We offer a welfare referral service e.g. housing, financial and counselling.



# GENERAL INFORMATION



## What to wear

During your day you will be expected to take part in a range of physical drama-based games and activities. Please wear loose and comfortable clothes and soft shoes. Please do not bring or wear anything that is valuable to you.

## Qualifications and certificates

The Open College Network London (OCNLR) accredits our Performance Level 1, Performance Level 2, Women and Work, Girls Like Us and Introduction to Theatre courses. Our Functional Skills English course Levels 1 and 2 is accredited by AQA.

All other courses are awarded with a certificate from Clean Break.

## How do the different qualifications compare?

This is a rough guide to how the different qualifications compare:

OCNLR / AQA	NVQ	GCSE	DIPLOMA
Entry Level			
Level 1	Level 1	GCSE D-G	Foundation Diploma
Level 2	Level 2	GCSE A*-C	Higher Diploma

## About our artist/tutors

We employ a wide range of outstanding tutors with professional experience of working in the theatre and the wider performing arts industries. In addition, we work in partnership with organisations which provide their own teaching staff. All our staff are friendly, understanding and non-judgemental and aim to provide you with the best learning experience possible.

We are very fortunate to work with a variety of high quality partners to deliver our work. We are grateful for

their continued support and engagement with our work:

- Camden Adult Community Learning
- City and Islington College
- The Comedy School
- Goldsmiths University
- London College of Communication
- London College of Fashion
- London Metropolitan University
- Middlesex University
- The Place
- Rose Bruford College
- Royal Central School of Speech & Drama
- Women in Prison

## Students with learning difficulties and/or disabilities

Clean Break is committed to meeting the needs of disabled and dyslexic students.

We will do our best to include all students, both disabled and non-disabled, and will make reasonable adjustments to courses to ensure that disabled students can participate as fully as possible. We encourage you to disclose your support needs at enrolment so we can plan any specialist support. We provide additional learning support, and students with learning difficulties and/or disabilities will be given first priority. Where possible we can provide one-to-one sessions to support students on our accredited courses.

## Students with mental health needs

We offer students with mental health needs support to help you manage any difficulties that may get in the way of your learning. There is the Emotional Health & Well Being course which runs in the autumn and spring terms (see course timetable), followed by a peer support group in the summer term. If you prefer to



discuss things individually, then you are always welcome to book an appointment with the Student Support Services, which has experience of supporting students with mental health needs.

## Information, technology and computer support

Clean Break has on-site computers to assist you in your studies, which are available for use Monday to Thursday, 10am – 4pm. All students have access to the Internet.

Clean Break can also help you to find free or low-cost IT training to support your learning here. If you would like more information on what's available, please speak to one of the Theatre Education Managers.

## Janet Suzman library

The on-site library supports the academic work of students at Clean Break. We have a selection of theatre-related books, play texts, and self help guides.

## Student Forum

This Forum gives students an opportunity to take an active part in shaping a better education service. Students and staff meet once a term to discuss new ideas and feed into plans.

This forum is an important platform for students to voice their opinion - so please attend and be a part of making Clean Break work for you.

## Equality and Diversity at Clean Break

Clean Break is fully committed to promoting equal opportunities and diversity. This means that we are opposed to all forms of discrimination and promote equal opportunities in all our activities. Clean Break actively welcomes all women with personal experience of the criminal justice system and those at risk of offending because of drug/alcohol use or mental health needs, whatever their age, background, sexuality, nationality, religion, ethnicity or culture.







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[facebook.com/cleanbreak](https://facebook.com/cleanbreak)

[twitter.com / CleanBrk](https://twitter.com/CleanBrk)



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