



CLEAN BREAK TRAINING

Achieving Greater Impact

We are a ground-breaking theatre company which has used theatre to help women build their confidence and be heard since 1979.

We have created the Achieving Greater Impact training for women in business who want to strengthen their voices, create a greater impact at work and progress within their teams

Our practice is developed through work with women caught up in, or at risk of entering the criminal justice system, and creating environments for them to succeed. This specialist knowledge has placed us in a unique position to support the professional development of women working in corporate environments.

www.cleanbreak.org.uk

Our offer

Training

Focusing on ways to overcome shared challenges. Delivered by artists/trainers with decades of experience in theatre, community and corporate environments, in a non-hierarchical, creative, women-only space. Covering topics:

Identify your strengths

Drawing on creative tools to explore and amplify the skills and qualities you bring to your workplace.

Build your confidence

Becoming comfortable with expressing and owning your strengths, receiving peer support and feedback, and developing your presentation skills.

Address barriers

Overcoming your self-limiting beliefs and workplace challenges, and strengthening your voice.

Coaching

A bespoke one-to-one 45 minute online coaching session focusing on your goals and aspirations in the context of the training and ways to achieve them.

Cost

£400+VAT per person for training.

£50+VAT per person for coaching.