



MEMBERS PROGRAMME

Summer Season

19 April – 5 July 2021



CLEAN BREAK

Welcome to Clean Break Members Programme Summer Season 2021

We are a women's theatre company that works with women who have been affected by the criminal justice system, or those who are at risk of entering it. Our Members Programme is available to women aged 17 and above and offers a foundation of learning and skills in theatre performance, writing, creativity and wellbeing and includes opportunities to engage in professional, public facing performance projects.

All workshops are led by esteemed female theatre artists and are underpinned by our comprehensive, trauma-informed approach to support women to reach their full potential.

**“A beautiful,
unforgettable experience”**

Clean Break Member

HEALTH AND WELLBEING GROUP

19 April – 5 July 2021 *

Mondays 11am-1pm

These holistic workshops focus on self-care, personal development and healing, providing a unique opportunity to connect with other women, share coping strategies and to offer mutual support. Creative elements are used to encourage self-expression and boost wellbeing, including drama movement, poetry, and more.

ADVANCED THEATRE GROUP

20 April – 29 June 2021 *

Tuesdays 10.30am-2.45pm

This group offers women with some theatre experience the opportunity to develop and expand their skills as theatre makers to create work that often responds to topical social themes, or Clean Break's artistic programme. You will work with leading Directors and Theatre Makers to develop your practice leading to opportunities to experiment and perform to external audiences.

CREATIVE SPACE

20 April – 29 June 2021 **

Tuesdays 3pm-4pm

Gain an understanding of core theatre skills, such as improvisation, characterisation, devising, creative writing and lots of drama games. These drop-in sessions are perfect for women completely new to the arts or those who aren't able to commit to weekly sessions.

WRITERS CIRCLE

21 April – 30 June 2021 *

Wednesday 11am-1pm

An encouraging workshop environment which offers a safe creative space to explore writing exercises, creative strategies and receive feedback from a network of other like-minded writers. This group is led by an established female playwright and includes an opportunity to see your work performed by professional actors.

MASTERCLASSES

19 April – 5 July 2021 **

Mondays 2-4pm

Led by some of the most exciting female artists in the arts industry, this is a special opportunity to develop your artistic skills in an intimate setting. Learn about a range of topics such as radical self-care, writing, voice-over, movement, acting and more! Artists who have led these sessions include, Zawe Ashton, Sharon Duncan-Brewster and Morgan Lloyd Malcolm.



* Sessions will take place over Zoom until at least June 2021

** Sessions will take place over Zoom for the entire Summer Season 2021



HOW TO APPLY

Our programme is open to women who have experience of the criminal justice system or are at risk of offending due to drug, alcohol or mental health issues.

If you are interested in becoming a Member of Clean Break, you can contact us directly or if you have a keyworker a referral can be made for you, the details are listed below.

Call us on 020 7482 8600 or email participation@cleanbreak.org.uk

CLEAN BREAK

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